## WHEN YOU'RE WITH US.

Your time spent at Simon House is designed to support your journey toward a life of recovery. This is your journey, and sometimes it's hard to see the best path forward when you are in the middle of the storm – that's where we come in.

Our strategies are designed to facilitate the rebuilding of lives, healthy habits and a strong foundation of sustainable sobriety.

# YOUR COST.

FREE. Accessible to all clients of Simon House and their respective families and loved ones during all phases of treatment.

## WHAT IS ADDICTION?

# Addiction is characterized by the following:

- The inability to consistently abstain from substances.
- Impairment in behavioural control.
- Cravings.
- Diminished recognition of significant problems with one's behaviours and interpersonal relationships.
- A dysfunctional emotional response.

### WE UNDERSTAND.

Simon House Recovery Centre accepts people who are prescribed Suboxone or Methadone as part of our Medication Assisted Recovery Program.

We are proud to partner with Alberta Health Services' Opioid Dependency Program to provide services to people in need of residential treatment and recovery.



# **SUPPORT SIMON HOUSE TODAY**





#### IN PARTNERSHIP WITH...





# INDIGENOUS AND Cultural supports AND services





5819 Bowness RD NW Calgary, Alberta, Canada (403) 247-2050 info@simonhouse.com

#### WHO WE ARE.

Simon House works with First Nations communities to provide culturally appropriate practices and programming.

## CLIENTS ARE INVITED TO PARTICIPATE IN:

- Elder one on one support
- Indigenous Counselling services
- Indigenous Liaison and community support services
- Healing Circles
- Weekly sweat lodges
- Intergenerational Trauma and Healing
- Parental classes
- Drumming circles
- Overnight ceremony participation on first nation lands
- On campus sleepover in teepee with traditional storytelling
- Special ceremonies
- Couples counselling (IFRP)

WHAT WE DO.

RECLAIM

YOUR

LIFE.

Simon House celebrates the contributions made by First Nations, Inuit, and Metis people. Collectively, we come together, recognize, and celebrate the unique, diverse and beautiful cultures that surround us.

Simon House stands in solidarity with Indigenous people and all cultural groups, families, and communities and recognizes the role that it has in ensuring cultural sensitivities in practice in the healing journey.

# INDIGENOUS FAMILY REUNIFICATION PROGRAM.

Our Indigenous programming offers family supports and treatment by accepting both parents with children up to the age of six.

With our community partners such as Alcove Recovery Center and Closer To Home, we collaborate to ensure that a family broken by addiction and trauma is reunited together through their healing process.

This much needed program is committed to supporting families and their desire to have their family restored.