



SIMON HOUSE
RECOVERY CENTRE
empowering individuals to recover for life

ANNUAL REPORT 2022



LETTER FROM THE CEO

In this 2022 Annual Report you will see that Simon House Recovery Centre has had one of its best years ever. The year ended with almost 200 new graduates –almost double the 2021 numbers.

Finances are fairly stable, the alumni group facilitated numerous outings for our clients, we have new medical and psychological services on site, and we have launched several new collaborations with partner agencies.

So where are we going in 2023?

We all agree the status quo is not good enough.

In 2023, we're expanding our ability to serve more members of the community, including 2SLGBTQ+ individuals, women and families. Under the Simon House banner, we are supporting the launch of the first 2SLGBTQ+ residential treatment facility in Canada this year. Named Stonewall Recovery, this program will serve under-represented members of this population by providing a safe environment to heal.



We hope to continue to expand our community partnerships, including a partnership we are developing with our Siksika friends. On the Siksika reserve, we hope to open a residential treatment program that will work in conjunction with their mobile outreach, shelter, and post-treatment housing.

Additionally, in 2023 we aim to enhance our existing programming, particularly the Family Reunification Program and Parenting Program.

On September 14, Simon House will host our annual garden party fundraiser at the amazing Rouge restaurant. Make sure you save this date as a placeholder in your calendar!

Finally, in 2023 we are committed to being a Centre of Excellence. Starting with a strong Board, government support, highly trained staff, we will ensure that our groups and our counselling sessions are of the highest calibre. Together we will impact another 200—or more—lives through this amazing work we are called to do!

John Rook, PhD
President & CEO

LETTER FROM THE BOARD CHAIR

2022 was a year of both challenges and triumphs. The composition of our board changed as some members' terms expired, but we gained several strong additions. To those whose terms ended, a heartfelt thank you for your insights and passion for this work. Our lifetime board member and our CEO received the Queen Elizabeth II Jubilee medals for their work in the field. Congratulations on this honour!

Addiction Recovery is hard work. Our dedicated staff works tirelessly to ensure everyone who comes through the program receives care of the highest quality. On my visits to the house, I am always impressed with the care provided in counselling, classroom therapy, and discussions around the dinner table. Thank you to each staff member on behalf of the board.

In 2022, the success of our program cannot be denied. Of the 364 clients who came to Simon House, we had a success rate of 54.4%. Data is important but it doesn't tell the full story. Thank you everyone for your incredible care for all.

One program deserves special mention. Our Indigenous Family Reunification Program (IFRP) has increased exponentially and has shown such success that we are extending it to all our clients as the Family Reunification Program (FRP).

We have an Elder who provides insights into Indigenous culture and life. A meditative smudge occurs every morning and we have regular sweats.

A second program began in 2022 and will be in full operation in 2023. The program is called Stonewall Recovery and it is for 2SLGBTQ+ clients. We want everyone to feel safe while in a recovery program and this program will do just that.

We are forever grateful for the financial support we receive from the provincial government and our personal donors. Thank you so much for supporting our work.

Finally, to the almost 200 graduates from 2022, you are now a part of the Simon House alumni with all the rights and privileges that brings. As you enjoy your sobriety and build your Recovery Capital, know that we are always here for you. We are proud of you and wish you every success in the future.

Respectfully,

Mike Cullen
Board Chair



WHAT IS ADDICTION?

At Simon House, we strive to provide a treatment approach that empowers our clients to develop and build upon their strengths, ultimately to support successful long-term recovery.

To achieve this, we first need to define addiction. **In 2019, the American Society of Addiction Medicine defined addiction as follows:**

“ADDICTION IS A TREATABLE, CHRONIC MEDICAL DISEASE INVOLVING COMPLEX INTERACTIONS AMONG BRAIN CIRCUITS, GENETICS, THE ENVIRONMENT AND AN INDIVIDUAL’S LIFE EXPERIENCES. PEOPLE WITH ADDICTION USE SUBSTANCES OR ENGAGE IN BEHAVIOURS THAT BECOME COMPULSIVE AND OFTEN CONTINUE DESPITE HARMFUL CONSEQUENCES.”

2022 AT A GLANCE

OUR IMPACT



364 ↑ 43%

CLIENTS SERVED FROM LAST YEAR



198 ↑ 61%

PROGRAM GRADUATES FROM LAST YEAR



ADDED
23 ↑ 35%

ONE YEAR SOBRIETY PLAQUES FROM LAST YEAR

POST GRADUATION

93% OF INCOMING CLIENTS EXPERIENCED HOMELESSNESS OR PRECARIOUS HOUSING

UPON LEAVING SIMON HOUSE, **76%** TRANSITIONED TO SOBER/SUPPORTIVE HOUSING OR MOVED INTO THEIR OWN HOME

2022 - A YEAR TO REMEMBER!

TAKE A LOOK AT OUR OPERATIONAL HIGHLIGHT REEL:



STRENGTHENED OUR STANDARD OF CARE.

In preparation for expansion, we hired a clinical psychologist/trauma therapist to enhance and support our clinical care team.



STRENGTHENED OUR COMMUNITY RELATIONSHIPS.

We developed strategic relationships with several addiction and housing organizations to help administer our programs, strengthen our clients' life skills development during and post treatment, and to nurture our community relationships.



RECOVERY-ORIENTED SYSTEM OF CARE.

This integrated portal, from the Alberta Government, tracks the progress and recovery capital (internal and external resources) of clients in the overarching Recovery-Oriented System of Care.



DEVELOPED STONEWALL RECOVERY.

This program, supporting the 2SLGBTQ+ community, launched its virtual program in May 2023. As a program partner, we're proud to support the launch of this initiative.



LAUNCHED OUR FAMILY REUNIFICATION PROGRAM.

We expanded our FamilyCARE program, offering couples in active addiction the opportunity to receive treatment at the same time. This greatly increases the probability of lasting recovery for the family unit.

AND 2022 CAME WITH PLENTY OF BIG WINS!



ROUGE GARDEN PARTY SUCCESS.

Our 2022 Rouge Garden Party fundraiser, hosted alongside Safe Haven Foundation, was the most successful Garden Party event since it began in 2011, raising nearly \$100,000! Join us September 14 for this can't-miss event.



TWO-TIME TOP 5 IMPACT CHARITY.

For the second year in a row, Simon House was voted a Top 5 Impact Charity by Charity Intelligence.



BEDS FOR BROTHERS SUCCESS.

As a recipient of the Community Grant Funding from the Calgary Foundation, Simon House was able to purchase new mattresses, bedding and bedroom furniture. All to support our clients in getting a good night's rest.



JUBILEE MEDAL WINNERS IN OUR MIDST.

Lifetime board member, Andy Crooks, and Simon House CEO, John Rook, received the prestigious Queen Elizabeth II Platinum medals for their work in the field.

IN 2023, WE'LL CONTINUE OUR GROWTH

Over the course of the upcoming year, Simon House is excited to further develop and explore our meaningful projects. In 2023, we're focused on:

- > NURTURING OUR COMMUNITY PARTNERSHIPS
- > EXPANDING OUR SERVICE TO MORE MEMBERS OF THE COMMUNITY INCLUDING INDIGENOUS AND 2SLGBTQ+ INDIVIDUALS, WOMEN AND FAMILIES
- > ENHANCING OUR FAMILY REUNIFICATION PROGRAM AND PARENTING GROUPS

THE SIMON HOUSE APPROACH

Treatment approaches for addiction are generally as successful as those for other chronic diseases. Simon House Recovery Centre plays a critical role in treatment and recovery. The foundation of our treatment is a 12-Step model, but over the past 40 years we've included modalities in our Compassionate Care approach, like Indigenous healing approaches, Eastern healing approaches and trauma-informed care.

Currently, Simon House is embracing the provincial government's Recovery-Oriented Systems of Care model, building and measuring our clients' Recovery Capital to improve their chance for long-term recovery. And it's working! Our client success statistics increased in 2022.

Our residential treatment program is only part of the recovery journey. Our wraparound care and services we provide serve to enhance our clients' journeys and boost their probability of long-term recovery.

THE SIMON HOUSE STORY

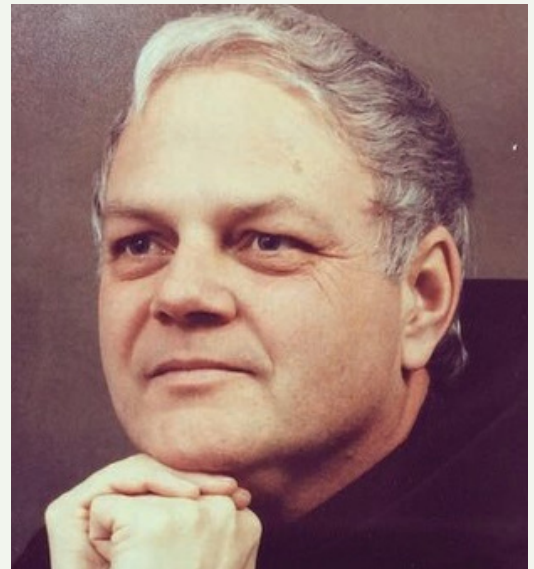
Simon House Recovery Centre is, has, and will always be, a beacon of hope and refuge for those who find themselves in the grip of addiction.

Founded in 1982 by Franciscan Brother Bernard (Bernie), Sheila Cameron and Doreen Baker, Simon House began its meaningful work in the Bowness duplex that still serves men in need today. Humble beginnings saw Brother Bernie, Sheila, and Doreen work tirelessly with volunteers and employees, to grow Simon House into the program and facility you see today.

And grow it did. Within a year, the other half of the duplex was generously donated to expand services and support. In 2006, donors enabled Simon House to build a 30-bed facility with a commercial kitchen and office space.

Today, Simon House boasts 67 beds for individuals striving to overcome addiction, serving men and their families from across North America.

Thanks to the generous support of dedicated staff, board members, donors and community partners, Simon House has become a highly respected, valued, integral and successful addiction recovery centre in the Calgary community.



HOW THIS WORK STACKS UP



Alberta Profile:

Canadian Substance Use Costs and Harms

In 2020, substance use cost Alberta more than

\$7.2 BILLION

which amounts to **\$1,638 per person** regardless of age



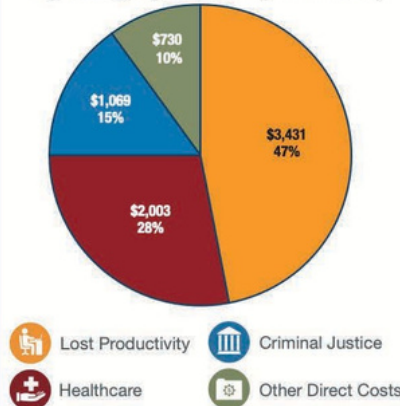
Compared with \$49.1 billion or \$1,291 per person in Canada

CSUCH Canadian Substance Use Costs and Harms

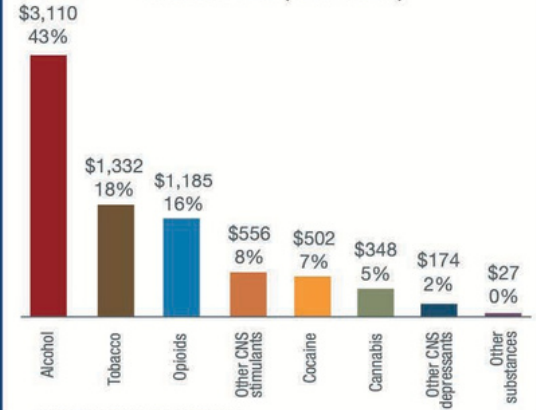
More information can be found at www.csuch.ca

© Canadian Centre on Substance Use and Addiction, 2023

Overall cost of substance use by category in 2020 (in millions)



Overall cost of substance use in 2020 (in millions)



Canadian Institute for Substance Use Research

Suggested citation: Canadian Substance Use Costs and Harms Scientific Working Group. (2023). Alberta Profile: Canadian Substance Use Costs and Harms (2007-2020). [Prepared by the Canadian Institute for Substance Use Research and the Canadian Centre on Substance Use and Addiction.] Ottawa, Ont.: Canadian Centre on Substance Use and Addiction.

Information generated by the online data visualization tool at www.csuch.ca/explore-the-data.

THE COST OF ADDICTION

7.2

BILLION DOLLAR COST TO ALBERTANS (2020)

\$1,638

ANNUAL COST PER PERSON IN ALBERTA (REGARDLESS OF AGE)

49.1

BILLION DOLLAR COST TO CANADIANS (2020)



HERE'S HOW WE HELP:

\$175 / DAY*

*APPROXIMATE COST OF TREATMENT AT SIMON HOUSE

In 2022, 93 clients came to us from court or incarceration.

Of those, 37.2% graduated—that's 35 people transitioning from a life of addiction, homelessness and crime.

LETTER FROM THE ALUMNI PRESIDENT

As the President of the Simon House Alumni Association, it is my pleasure to share with you our progress and achievements over the past year. We have been upholding our mission statement and finding new ways to engage new alumni, while keeping our group growing and thriving. It has been a challenging but fulfilling experience for us all, and I am proud to say that we have made great strides in achieving our goals. We have many alumni who have been with us since the start of the rebuilding process.



It has been an amazing journey to watch our group grow and to see the impact we have on each other's lives. Every time I see a new man entering our program, battered and shattered, and then walking out after three months as a renewed person with their head held high, it fills my heart with joy. There's no greater feeling than seeing that transformation and witnessing people regaining their family and lives.

As part of our mission statement, which emphasizes strengthening relationships, we have successfully organized various events such as BBQs, paintball, river rafting, paddle boarding, laser tag, lawn bowling, sporting events and more. We've been able to meet and grow with new, like-minded people who are trying to rebuild their lives and learn how to have fun in recovery. We have meetings every Sunday where we share our experiences in recovery and help with spiritual development.

Looking forward, we plan to continue expanding our efforts to fulfill our mission statement and engage new alumni, while keeping our group thriving. We appreciate your continued support and look forward to sharing more accomplishments with you.

Sincerely,

Brodie G.
Alumni President

OUR IMPACTFUL ALUMNI

Our best advocates are our esteemed alumni members, who speak highly of our programming.

66 REFERRALS

41 GRADUATES

62% SUCCESS RATE, UP FROM 56%



MYTH

Detox is enough.

REALITY

Detox is the time it takes to get a substance out of your system. Sobriety is the first step on the road to recovery.

OUR PROGRAMS

CORE TREATMENT

Simon House Recovery Centre provides addiction treatment services to individuals who identify as men. Our structured 84-day residential program boasts a multidisciplinary team of empathetic professionals, and an all-inclusive response to client-centred needs that include health and socio-economic disparities.

Our current services are far reaching, ensuring the best possible outcomes for clients of all backgrounds, with any substance misuse disorders. Every step of our core treatment involves a trauma-informed approach and integrated compassionate-focused therapies and holistic methodologies.

In 2022, we kickstarted our House Mentorship program, enabling clients to welcome new intakes, and offer guidance and support to their peers during the second half of their stay at Simon House. Our recovery coaches have also begun offering weekend programs and events to help our clients as they transition from our care back into society.



WHAT ARE PARTICIPANTS SAYING?

"My life prior to Simon House was completely unmanageable and full of turmoil. During this time in my life, I couldn't keep steady employment, lost a lot of important relationships, and the trust of my family and close friends. I was struggling with my mental health, all because of my addiction to drugs and alcohol.

Since coming to Simon House, I'm able to learn structure and routine, which keeps me happy and motivated to reach my goals and potential. I have started to mend broken relationships and have stronger friendships with the brothers here at Simon House. I now have the strength and support from the Simon House staff and brotherhood to be accountable for myself in my recovery. I feel empowered to keep pushing towards a better future and a better me.

Once my program at Simon House is successfully completed, maintaining my sobriety is the key to having strong, healthy relationships with others and to be the best father/son/brother I can be for my family. Taking care of myself and my health, in general, will make me strive for a better future no matter how hard life can get. I now recognize that I am a fighter and will never quit to reach my potential and goals in life."

- Justin C



MYTH

If someone relapses, they're a lost cause.

REALITY

A relapse is a recurrence of symptoms and is no more likely with addiction than it is for chronic conditions like hypertension or Type II diabetes. It requires lifelong management.

INDIGENOUS PROGRAMMING & THE CULTURAL CENTRE

Our Indigenous program was developed from our desire to stand in solidarity with Indigenous Peoples. This safe space lets clients connect with their respective cultures, communities, practises, and world views as they embark on their recovery journey.

Last year was the first full year of Simon House's Indigenous programming. Through consultation with Elders of Treaty 7 Territory, we focused on traditional knowledge and protocols, as well as education on First Nation history and intergenerational trauma.

42 CLIENTS SERVED



13 GRADUATED



**ALL CLIENTS RECEIVE RECOVERY
CAPITAL PROGRAM ACCESS AND MONITORING**



WHAT ARE PARTICIPANTS SAYING?



"I came to Simon House broken... I come from a big cultural background of the Blackfoot people. I immediately connected with the morning smudge group and having the opportunity to cleanse myself every day has been very good for me. I've taken a lot (of programming) and highly recommend this program to future clients coming to Simon House."

- Vincent K.



"The day I entered Simon House, I was a lost, shattered individual, desperate to reconnect with my Indigenous teachings. Now, each day begins with smudge, prayer and personal sharing. This has followed with Wellbriety-based classes, healing circles, sweat lodge ceremonies, as well as meditation with open fires in the traditional Teepee to reflect.

The Indigenous Program has filled the dark void where I once struggled alone."

- Wayne M.

MYTH

Addiction is treated behaviourally, so it must be a behaviour problem.

REALITY

Behaviour begins in the brain. While behavioural treatments may be effective in treating addiction, sometimes medication is needed too. Addiction is a real illness.

MEET SIMON HOUSE ELDER: MARSHA HANSON

After a stint in the energy sector as an accountant, Marsha's passion for supporting vulnerable families led her to join Closer to Home, a local nonprofit, where she could make a difference in the lives of children and families. There, she helps people within their Indigenous journeys understand the impact of intergenerational trauma on their lives, and begin the process of healing for themselves and their children.

In 2022, we welcomed Marsha to the Simon House team. Each Friday, Marsha comes to the facility to meet and help our clients. She supports, counsels, and shares Indigenous healing and teachings. Clients also benefit from Elder Marsha's connection to Closer to Home, where they are invited to participate in healing circles and other ceremonies.



MYTH

You can't get addicted to cannabis or vaping.

REALITY

Vaping can involve nicotine, which is addictive and causes cravings. Dependence can also be developed on cannabis, with the National Institute on Drug Abuse reporting as many as 30% of cannabis consumers may become addicted.

AFTERCARE

Our AfterCARE program strengthens the existing strategies achieved through core treatment and enhances the resilience of our clients. Through coaching and mentorship, clients are empowered in their recovery journey and encouraged to pursue their emotional, mental, spiritual and relationship goals. In 2022, we integrated Enhanced Lifeskills programming to support clients in the areas of nutrition, physical fitness and financial literacy.

Accomplishing initial sobriety is the first step of long-term recovery, and opting to enter our extensive AfterCARE program provides clients with access to ongoing support and services offered by Simon House staff and alumni.



WHAT ARE PARTICIPANTS SAYING?

"I came through Simon House almost two years ago in September 2021. I was part of the Prolific Offender Engagement Team (POET) program and felt as though I was forced to attend treatment. It was Simon House or prison.

After being at Simon House and enjoying recovery for many months, I had come to realize my first year of recovery was really for me; but after that, it's for everyone else. Giving back and supporting others is the magic that supports my sustained recovery and growth.

The counsellor that managed the AfterCARE program convinced me to enroll and I am so grateful to her. The AfterCARE program kept me accountable with regular drug testing and counselling support if I needed it. It also kept me coming back to Simon House to support the Brothers.

I participated in the AfterCARE program for an entire year as I awaited sentencing. Now, I'm celebrating 28 months of recovery!

Recovery has given me my family back. In my recovery, I not only help people in addiction but also have helped people that I hurt in addiction. I can't make amends to everyone, but I am a living amend by my daily actions.

My gift to my family is my daily recovery and how I now choose to live. Now, it's shocking to me to think I was even the person I was before recovery.

For someone to change, all that it takes is for someone to believe in them and show them that they are not useless human beings. That they are worth supporting. Compassion, hope—they rehumanize people. This is what my POET officer and Simon House did for me.

In recovery, I really get to show up. I get to see my family; I get to love and be loved. I get to do what I set my mind to do.

I had to do treatment, or I would go to prison. Now I think, I got to do treatment.

I'm either winning or learning. No more loser mentality!

It's an attitude of gratitude. One day at a time!"

- Richard C.

MYTH

Treatment didn't work before, why try again?

REALITY

Relapses are a normal part of addiction recovery. Please don't get discouraged!

FAMILYCARE

This compassionate, respectful and empowering program aims to deepen a sense of healing within families while cultivating connection.

The methodology of our unique program treats the individual along with extensions of the individual, like their relationships, family system, community and culture. In 2022, the FamilyCARE program developed parenting programming including:

- **THE GREAT DAD PROGRAM**
- **A WEEKLY FATHERS SUPPORTING FATHERS MEETING**
- **SUPPORTS FOR CLIENTS TO ENGAGE WITH CHILD SERVICES**

Simon House provides ongoing support and clinical services in this area of rehabilitation, effectively returning sons to parents, fathers to children and husbands to their families.



WHAT ARE PARTICIPANTS SAYING?

"I've been in and out of recovery since 1999—treatment centres, detox centres, hospitals and jails. Around age 5, I attended AA meetings with my grandparents. I was given coloring books and told to be quiet.

Many years later, when my daughters and I moved to Calgary, my own battle with addiction followed us.

Desperate for help, I reached out to the distress center, leading to my girls being placed in temporary foster care and myself in the hospital. That's when Simon House came into my life.

At Simon House, I jumped into the recovery journey with an intensity like that of a mama bear protecting her cubs. I didn't take part in anything negative; I went to every meeting I could! I was mindful at every class, and I learned as much as I could. As a devout Christian, I can honestly say that much of the knowledge I gained at Simon House has helped me build a higher sense of connection to my faith.

At Simon House, I found a place I fit in. I found the tools to help me be the best father I can be. I found a community that accepts and loves me. In short, I've found me.

Today, I know that addiction is a hereditary disease. I know that trauma, physical, emotional, and spiritual abuse are hereditary. But I also know that I'm not on this journey alone.

Thank you, Simon House, for helping me save my life. Thank you for showing me a new way. Thank you for gifting me a place I can always come to and feel OK."

- Chris M.

"AT SIMON HOUSE, I FOUND A PLACE I FIT IN. I FOUND ME."

MYTH

If someone has a stable job and family life, they can't be suffering from addiction.

REALITY

Anyone can be vulnerable to addiction. Even if they only drink after 5 pm or come from a "good" home. Addiction can affect anyone.

FAMILY REUNIFICATION PROGRAM



Over the course of 2022, we were pleased to expand our Family Reunification Program. Deemed a necessity by our Elders, the program aims to further heal families inflicted with intergenerational trauma and addiction. The program is open to all clients, regardless of ethnicity.

Simon House will accept parents and children with same day admissions to ensure no one is left waiting to receive the help they need, and no one will have to return home to the other parent who remains in active addiction. The collaborative approach ensures a stronger connection to personal recovery, as well as to their culture and community support network.

WHAT ARE PARTICIPANTS SAYING?

"With the successful completion of the Simon House FRP program, we have begun to move forward with new goals and our new journey in our program.

We live together and it feels amazing to have each other side by side. We continue to work separate programs, this works very well for us, so we have no reason to make changes to our individual treatment plans that we incorporated with the help of our treatment centers. I am currently in college and getting amazing grades. I will be clean for six months on February 10th, 2023.

Amanda is the foundation of our small family and during her journey she gained the tools she needed to live happily, healthily, and as a strong independent woman. Amanda has blossomed into a beautiful young woman with life goals that she stays determined and focused on completing, like her Business Management and Digital Marketing Diploma. Amanda shares the same sober date. Congratulations to every couple for making the choice to live HEALTHY, HAPPY and RECOVERED.

Thank you and we will be forever grateful to Simon House Recovery Centre."

- Jeffry, Amanda, and baby Ma'iingan



MYTH

Addiction mostly affects certain types of people.

REALITY

Addiction can affect anyone. In Canada, about one in eight people over 12 years of age can be impacted by addiction.

OUR WORDS MATTER

The words we choose to use when talking about substance misuse and the recovery journey are important. Although often unintentional, people still use terms that can be demeaning, laced with shame, and that perpetuate the stigma surrounding this medical disorder. Simple, yet positive, shifts in language can make all the difference in whether a person will seek treatment, and feel empowered in their recovery journey. Here are a few suggestions:

Avoid:

ADDICT, ABUSER, JUNKIE



Why it matters:

When we use language that shows empathy and understanding for individuals working to overcome addiction, we're helping break the stigma surrounding this disease.

Avoid:

HABIT, DRUG HABIT



Why it matters:

It's important to use language that respects and acknowledges the person behind the illness and allows for the possibility of change.

Avoid:

CLEAN, DIRTY



(when referring to drug test results)

Why it matters:

It's crucial to use language that respects individuals and avoids attaching derogatory meanings to their test results.

Avoid:

**FORMER ADDICT,
REFORMED ADDICT**



Why it matters:

It's important to avoid labels that stigmatize and recognize that substance use can vary in its nature and impact.

Avoid:

USER



Why it matters:

It's important to avoid labels that stigmatize and recognize that substance use can vary in its nature and impact.

Instead:

**INDIVIDUALS EXPERIENCING ADDICTION,
INDIVIDUALS IN ACTIVE ADDICTION**



Instead:

**ACTIVE ADDICTION, SUBSTANCE MISUSE.
ALCOHOL AND DRUG DISORDERS,
ALCOHOL AND DRUG DISEASE**



Instead:

NEGATIVE, POSITIVE, SUBSTANCE-FREE



Instead:

**PERSON IN RECOVERY,
PERSON WHO PREVIOUSLY USED DRUGS**



Instead:

When referring to use:

PERSON WHO MISUSES ALCOHOL/ DRUGS

When referring to misuse:

PERSON ENGAGED IN RISKY USE OF SUBSTANCES



OUR FUNDRAISING INITIATIVES

ROUGE GARDEN PARTY

Mark your calendars! This year's Rouge Garden Party fundraiser is set for Thursday, September 14.

Since 2011, the Rouge Garden Party has raised more than \$500,000 for various charities. This fall, all proceeds will support Simon House Recovery Centre. Funds raised will go toward the expansion of our Core treatment, FamilyCARE, AfterCARE, and Indigenous programming.

A variety of sponsorship opportunities remain available.

Please visit www.rougegardenparty.com to learn more.

BEDS FOR BROTHERS

Thanks to the Calgary Foundation, Simon House was able to fill their facilities with more than 60 new mattresses, bedding and bedroom furniture to replace the current, outdated items.

In December 2022, the foundation's community grant awarded \$60,000 to the Beds for Brothers campaign, ensuring our clients get the good night's sleep they deserve.

STONEWALL RECOVERY CENTRE

Allow us to introduce Stonewall Recovery Centre, Canada's first 2SLGBTQ+ addiction treatment centre. Stonewall has called upon Simon House's 40+ years of experience to help launch a benchmark program for all areas of addiction that will create a positive impact in Canada for decades to come. This facility won't just be a building where individuals go to embark on a new journey, it will become a healing community.

The inaugural Bricks and Mortar Gala, in support of Stonewall Recovery Centre was successful on many levels. In its first year of raising awareness and funds, more than \$70,000 and four million digital and media interactions were achieved.

Stonewall Recovery Centre's online programming launched in May 2023.



Pictured above (from left to right):
Dr. John Rook, Dr. Susan Boon, Nav Shergill



Pictured above (from left to right):
Steve Archambault, Deva Dave, Brittney Sawyer

OUR PARTNERS

Simon House is fortunate to have a supportive network of community partners, medical supports, board of directors and donors. We recognize and celebrate the contributions and generous spirit of all our partners, a few of which we've highlighted in this year's report and in the list below.

PARTNERSHIPS AND COLLABORATORS

The Alex
 Alpha House Calgary
 Alto Supply Corp.
 Alumni
 Angels in Action – Breaking Bread community initiative
 Anonymous
 Bowness Community Association
 Bowness Seniors' Centre
 Calgary Dream Centre
 Calgary Drug Treatment Court
 Calgary Drop-In Centre
 Calgary Food Bank
 Calgary Indigenous Court
 Calgary Police Service
 Canada Border Services (CBSA) Immigration
 Child Family Services (Youth Transition Team)
 Closer to Home
 COBS Bread
 Dr. Cavilla
 Dr. Stephanie Borgland – The Science of Addiction programming
 Elizabeth Fry Society
 Foothill Hospital
 Fort McMurray Drug Court
 George Spady Centre Edmonton
 John Howard Society
 Kainai Healing Lodge Detox
 Medicine Hat Drug Court
 Medicine Place
 Mission Fitness Bowness Seniors' Centre
 Oxford House
 Pastew Place Detoxification Centre (Fort McMurray)
 Potential Place
 Probation Services (Alberta Justice)
 Rapid Access Addiction Medicine (RAAM)
 Renfrew Recovery Detoxification Centre
 Safe Harbor Detox Red Deer
 Saddle Lake Band Addictions and Mental Health
 Saskatchewan Justice (Witness Protection Program)
 Smile Dental
 SMART Clinic
 Tai Chi & Yoga Health & Wellness
 The Calgary Mustard Seed
 The Salvation Army
 Tsuut'ina Wrap Around Program

And our many other generous community and private partners.

A SPECIAL THANK YOU

We'd like to extend our sincere gratitude to 2022's major donors. Together, we can make a difference.

Andy Crooks
 Anna Bang
 Bill Webb
 Douglas McGillivray
 Estate of Lucille Jensen
 Gilbert & Ameeta Cordell
 Laara Zimmerman
 Paddy-Luke Fraternal Society
 Richard Robbins International Inc.
 Suszyn Wagner
 Ward Sutherland
 William S.Herron Family Charitable Foundation

And a special thank you to the Government of Alberta and the Calgary Foundation

BOARD OF DIRECTORS

Andy Crooks – Honorary Life Member
 Brodie Gallant (Ex-officio)
 David Stark
 Doug McGillivray
 Dr. Alexandra Sanderson
 Dr. Susan Boon – Secretary
 Gael MacLeod (2023)
 Jean Dube
 Dr. John Rook (Ex-officio)
 Mike Cullen – Board Chair
 Nav Shergill – Vice Chair
 Patrick Merz – Treasurer
 Sean McIntyre (2023)
 Shawn Lavoie – Past Chair



**“IF YOU WANT TO WALK FAST ... WALK ALONE.
IF YOU WANT TO WALK FAR ... WALK WITH OTHERS.”**

Thank you to the many donors, board members, staff, sponsors, clients, partners, and supporters that made 2022 such an incredible year for Simon House Recovery Centre.

TOGETHER WE CAN BREAK THE CYCLE OF ADDICTION!

FINANCIAL STATEMENTS

	2022	2021
ASSETS		
CURRENT		
Cash	\$ 497,384	\$ 387,692
Accounts receivable	19,480	42,287
Goods and services tax receivable	6,882	8,992
Prepaid expenses	18,157	6,156
Short-term investment (Note 3)	100,000	40,000
	641,903	485,127
Long term investment (Note 3)	632,000	2,539,049
Capital assets (Note 4)	2,005,421	-
	2,637,421	2,539,049
	\$ 3,279,324	\$ 3,024,176

LIABILITIES AND NET ASSETS

CURRENT

Accounts payable and accrued liabilities	\$ 143,376	\$ 167,524
Deferred contributions (Note 6)	197,803	70,955
Current portion of CEBA loan payable (Note 6)	40,000	-
	381,179	238,479
CEBA loan payable	-	40,000
	381,179	278,479

NET ASSETS

Investment in capital assets	2,005,421	2,539,049
Internally restricted	732,000	-
Unrestricted surplus	160,724	206,648
	2,898,145	2,745,697
Approved on behalf of the Board	\$ 3,279,324	\$ 3,024,176

Director



Director



FINANCIAL STATEMENTS

	2022	2021
REVENUES		
Program fees	\$ 2,193,912	\$ 1,422,268
Grants	277,503	377,062
Donations	162,969	163,829
Gaming and casino revenue	107,321	86,092
Fundraising income (Note 8)	86,804	-
	2,828,509	2,049,251
EXPENDITURES		
Salaries and related benefits	1,950,618	1,370,193
Food costs and supplies	231,073	170,630
Utilities	117,690	108,955
Office	106,140	75,928
Consulting fees	101,498	58,571
Repairs and maintenance	64,919	51,619
Insurance	54,620	55,288
Fundraising development (Note 8)	50,956	-
Program expenditures	50,913	30,987
Professional fees	48,711	21,174
Vehicle	37,199	7,519
Amortization	37,128	37,113
Supplies	16,735	7,557
GST expenditures	6,856	8,939
Interest and bank charges	3,243	2,982
Promotional expenditures	773	3,846
Bad debts	10	16,137
	2,879,082	2,027,438
Excess (deficiency) of revenues over expenditures before other income	(50,573)	21,813
OTHER INCOME (EXPENDITURE)		
Gain on sale of capital assets	202,841	-
Interest income	180	-
Government assistance	-	58,234
	203,021	58,234
Excess of revenues over expenditures for the year	\$ 152,448	\$ 80,047

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